

FAMILY RESOURCES



Food

- **FeedUtah.org**, Current food pantry options available in our community.
- **School Mobile Food Pantry** at your Title I Elementary Schools, provided monthly.
- **UCA Copperview Food & Resource Center**, 8446 S Harrison Cir, Midvale, 801-255-3516, <https://www.utahca.org/food-resource-centers/>.

Mental Health and Counseling

- **Canyons Family Center**, 9351 S Mountaineer Lane, Sandy, 801-826-8190, www.canyonsdistrict.org/depts/responsive-services/canyons-family-center/. Free individual and family-based counseling, student support groups and parent education classes.
- **Family Support Center**, 801-955-9110, www.familysupportcenter.org. Counseling, classes, emergency childcare, and transitional housing services.
- **Hopeful Beginnings**, 801-979-1351, www.hopefulbeginnings.net. School-based therapy and other mental health supports.
- **Multicultural Counseling Center**, 801-915-0359, www.mccounseling.com/. Counseling services and immigration supports.

Crisis Support

- **SAFE UT** 833-372-3388, safeut.com or download the app. Crisis Chat and Tip Line for students.
- **Domestic Violence and Sexual Assault Hotline** 800-467-7273
- **Mobile Crisis Outreach Team (MCOT)** 801-587-3000
- **National Suicide Prevention Lifeline** 800-273-8255



Utah 211

Contact **Utah 211** via phone, online chat, text, or on the app for resources 24 hours per day in over 200 languages.



Health

- **Canyons School District Medicaid Outreach Services**, 801-826-7272. Assistance accessing CHIP, Medicaid, SSI, Health Insurance Marketplace.
- **Community Building Community Clinic**, 49 W Center St, Midvale 801-574-6172, www.midvalecommunityclinic.com/. Medical and dental services.
- **Hope Clinic**, 65 Twin Peaks St, Midvale, 801-568-6700, www.utahhopeclinic.org.
- **Maliheh Free Clinic**, 94 E 3300 S, Millcreek, 801-266-3700, malihehfreeclinic.org/.
- **Mid-Valley Health Clinic/ Utah Partners for Health**, 801-417-0131, www.upfh.org. Medical, mental health, dental, vision services.





Housing Supports

- **Utah Community Action Program**, 801-359-2444, www.utahca.org. Case management for housing, utility assistance, weatherization services.
- **The Road Home**, 529 9th Ave, Midvale, 801-569-1201, www.theroadhome.org. Emergency shelter, supportive services, housing assistance.

Other Community Resources

- **Boys & Girls Club**, 7631 Chapel St, Midvale, 801-256-9008, www.gslclubs.org/find_a_club/midvale-club.html. After-school childcare.
- **Holy Cross Ministries**, 801-261-3440, www.hcmutah.org/. Education, counseling, immigration assistance, healthcare outreach and case management.
- **InternetEssentials.com**, or call 855-846-8376. Low-cost internet.
- **Jewish Family Services**, 495 East 4500 South, Ste 100, Salt Lake City, 801-746-4334, www.jfsutah.org/. Counseling, emergency assistance, thrift store vouchers, food pantry, senior supports, more.
- **Ruth Vine Tyler Library**, 8041 S Wood St, 801-944-4636, www.slcolibrary.org/. Free library card, Kids' Cafe 3:30-4:30, Brainfuse online tutoring.



Please note: This list is only a small portion of the resources available in our community, and is in no way an endorsement by CSD of services, activities, or products.