

Diamond Ridge High School

# Raptor Report

825 East 9085 South | Sandy, UT 84094 | 801.826.9900 Volume 4 | Issue 1 | September 2021

The mission of Diamond Ridge High School is to provide a safe, stigma-free environment, supporting the individual academic needs of students.

# Parent Teacher Conferences!

Tuesday, September 21 4:00 - 8:00 PM

Teachers will be available in their classrooms!

See you there!

## Contact Us!

Administration & Counseling	
Amy Boettger, Principal	801.826.9901
Suzy Santos, Counselor (A-L)	801.826.9922
Ingrid Pinto, Counselor Intern (M-R)	801.826.9941
Naomy Sanchez, Counselor (S-Z)	801.826.9939
Lacee Le Prey, Advocate	801.826.9942



## September's Principal Message



A big welcome/welcome back to our new and returning Diamond Ridge students, families and staff! Not only are we beginning a new school year, but for those who don't know, this will be the last year Diamond Ridge will be on the CTEC campus. This is exciting news, and you will be hearing more about the progress on our move throughout the current 2021-22 school year.

For a bit of history, the populations of Bell View and Edgemont elementary schools have been declining over the years. To better serve the area, Canyons School District will combine staff and students to populate a brand new elementary school building, called Glacier Hills, that is being built on the current Edgemont campus. The new Glacier Hills Elementary school is scheduled to be completed in the late spring of 2022.

What this means for Diamond Ridge is that along with Entrada Adult High School, we will move to the Bell View campus during the summer of 2022, and begin classes in the new location in August, 2022. What an exciting time it is to be a Raptor! I plan on sharing more details of our move as the school year progresses.

On another and more important note, we are well into the new school year, and students seem to be settling in well. Please remind your students how important regular attendance is – especially at Diamond Ridge. Remember, students who have more than 8 absences for any reason in a single class may lose the privilege of attending Diamond Ridge. We have a good plan in place for students to make up absences, so please help your student keep track of how they're doing. We don't want to lose any of our students!

A request for help: we are actively looking for parents to help Diamond Ridge by serving on our School Community Council! We need your expertise and support, and really would like to have you on our SCC. Please return the form that went out in the recent SkyLert, or contact Suzanne Hales or me directly.

Finally, parent-teacher conferences will be held on Tuesday, September 21st from 4-8 pm. I encourage all families to please join us to meet with your student's teachers to see how they're doing, celebrate success, and find ways to support students.

Go Raptors!

Amy Boettger, Principal

# DRHS -SPIRIT WEEK -

# Raptors ROCK!

Respect yourself, others, and property...On time and on task...

Courageous...Kind to everyone!

MONDAY 9/20/21	TUESDAY 9/21/21	WEDNESDAY 9/22/21	THURSDAY 9/23/21
R	0	C	K
SUNGLASSES DAY!	PJ'S DAY!	SUPERHERO DAY!	DRHS GEAR DAY!
	Roll out	Re	Show your
Shine	of bed	COURAGEOUS	DRHS
bright with	and be	like your	Spirit 4
RESPECT!	ON TIME	favorite	Spread
	to school!	superhero!	KINDNESS!

## In The Loop

DIAMOND RIDGE HIGH SCHOOL COUNSELING PROGRAM



SEPTEMBER 2021

### *12TH GRADE CCR'S*

DRHS Counselors are scheduling College & Career Readiness meetings for Seniors throughout the month of September. We will be discussing credits, graduation, and future plans, and we welcome parent participation! Please call (801) 826-9900 to schedule your student's appointment.



Suzy Santos - School Counselor Naomy Sanchez - School Counselor Ingrid Pinto - School Counseling Intern Sifa Tafisi - School Social Worker McKenzie Hall - School Psychologist Lacee Le Prey - Student Advocate Suzanne Hales - Registrar

#### NEW & IMPROVED!

We are very happy to welcome additions to DRHS! Naomy Sanchez, Ingrid Pinto, and McKenzie Hall have joined us this year, and we're so fortunate to have a strong team committed to the common purpose of supporting student success and wellbeing!

SafeUT is a crisis chat and tip line that provides real-time crisis intervention for students through live chat and a confidential tip program—right from your smartphone. SafeUT answers crisis calls and chats about yourself or anyone else. Their services are provided at no cost and are always confidential. Counseling topics include:

- Depression & Anxiety
- Bullying & Cyberbullying
   Suicide Prevention
- Drug & Alcohol Problems
   Self-Harm
- Relationship Difficulties
- Loss & Grief

- Any Life Change

#### 1-800-273-8255





#### **UTAH COLLEGE APPLICATION WEEK OCTOBER 4-8**

The goal of UCAW is to provide every high school senior in the state of Utah the opportunity to complete at least one college or university application during the school day. You will receive specific information about UCAW during your student's 12th Grade CCR Meeting.

## In The Loop

DIAMOND RIDGE HIGH SCHOOL PROGRAMA DE CONSEJERÍA



SEPTIEMBRE 2021

### *12TH GRADE CCR'S*

Los consejeros de DRHS están programando reuniones de preparación universitaria y profesional para estudiantes de último año durante el mes de septiembre. Discutiremos los créditos, la graduación y sus planes para el futuro, jy agradecemos la participación de los padres! Llame al (801) 826-9900 para programar la cita de su estudiante.



Suzy Santos - Consejera Escolar Naomy Sanchez - Consejera Escolar Ingrid Pinto - Pasante de Consejería Escolar Sifa Tafisi - Trabajador Social Escolar McKenzie Hall -Psicóloga Escolar Lacee Le Prey - Defensor del Estudiante Suzanne Hales - Registradora

#### NUEVA Y MEJORADA!

¡Estamos muy contentos de dar la bienvenida a las adiciones a DRHS! Naomy Sanchez, Ingrid Pinto y McKenzie Hall se han unido a nosotros este año, ¡y somos muy afortunados de tener un equipo sólido comprometido con el propósito común de apoyar el éxito y el bienestar de los estudiantes!

SafeUT es un chat de crisis y una línea de información que proporciona intervención de crisis en tiempo real para los estudiantes a través de chat en vivo y un programa de información confidencial, directamente desde su teléfono inteligente. SafeUT responde a llamadas de crisis y charlas sobre usted o cualquier otra persona. Sus servicios se brindan sin costo y siempre son confidenciales. Los temas de asesoramiento incluyen:

- Depresión ansiedad
- Bullying y ciberacoso
- Problemas de drogas y alcohol
   Autolesiones
- Dificultades en las relaciones Cualquier cambio de vida
- Pérdida y duelo
- Prevención del suicidio

#### 1-800-273-8255



#### SEMANA DE SOLICITUD PARA LA UNIVERSIDAD DE UTAH **DEL 4 AL 8 DE OCTUBRE**

El objetivo de UCAW es brindar a todos los estudiantes de último año de secundaria en el estado de Utah la oportunidad de completar al menos una solicitud de ingreso a la universidad durante el día escolar. Recibirá información específica sobre UCAW durante la reunión de CCR del grado 12 de su estudiante.



# Extra! Extra! Read All About ... Angela Hallstrom!



Hello Raptors! My name is Angela Hallstrom and I'm excited to be the newest teacher at Diamond Ridge. I am a Utah native, raised in and around Salt Lake City. I started my career as an English teacher in the Jordan School District, teaching for five years at West Jordan High and Bingham High. In 1998, I moved with my husband and two young kids to Minnesota, where both my husband and I pursued our master's degrees. After receiving an MFA in creative writing, I started teaching college and university courses. I also published some short stories, a novel, and served on the editorial boards of a few literary magazines.

Eventually our family grew to four children and I split my time between raising them, writing, and teaching part time. Then, in 2016, our youngest son was diagnosed with Acute Myeloid Leukemia. It is a very aggressive cancer, and rare in children—only about 500 children a year are diagnosed with AML. Wyatt fought a tremendous battle, spending over 200 days in the hospital while dealing with numerous side effects and heart damage from his treatment. He inspired many loved ones and friends with his courage and kindness. He passed away in May of 2017 at the age of ten. It was, and continues to be, a very difficult loss for me, my husband, and Wyatt's three older siblings.

In 2019, my husband and I decided to move back to Utah to be near extended family and closer to our adult children (our oldest son moved to Los Angeles after graduating from the University of Minnesota, our daughter is a student at BYU-Idaho, and our second son is a student at Arizona State). I also decided to go back to full-time teaching. Part of what inspired me to come back to a high school setting--and to Diamond Ridge in particular--was a desire to help students who might be carrying a heavy load. I believe that language (good writing) and stories (good literature) can help people find understanding, connection, and solace in a sometimes confusing and difficult world. I also believe that every young person has potential and talents, and that a teacher's job is to help her students recognize and build on that potential. The students at Diamond Ridge have impressed me with their insight and abilities, as well as their courage, grit, and determination to take on tough challenges. I'm looking forward to a great year!

# HOW MUCH SCREEN TIME IS TOO MUCH?





## How much screen time is too much?

Not all screen time is created equal. There's a big difference between an hour spent playing video games and an hour spent learning vocabulary from a smartphone app or composing music online. That's not to say that everything has to be stamped "educational" to provide an enriching experience.

With any screen media you choose for your kids — movies, games, TV shows, and apps — you want to look for how it engages your child. And, although there's nothing wrong with a little mindless entertainment, you can maximize your kid's screen time if you consider the "four C's": *Connection, Critical Thinking, Creativity, & Context*.

Visit Canyons School District's "Digital Wellness" page to learn more (<a href="https://www.canyonsdistrict.org/digital-wellness/">https://www.canyonsdistrict.org/digital-wellness/</a>).