

FOOD PANTRIES

** Indicates pantries that usually have emergency baby supplies on hand.*

Call ahead to check availability of supplies. Basic requirements are (unless otherwise noted):

- **Picture ID for adults** (18 and over)
- **ID for children** (Social Security card, medical record, birth certificate, etc.)
- **Verification of address** (utility bill, lease agreement, etc.)

CENTRAL COMPASSION CENTER

1076 West Indiana Ave, SLC, 84104

Hours: Sa 11 am – 12 noon

Phone: 801-328-0768

Serves: Salt Lake County

CONCERN CENTER OF SALT LAKE

1235 West California Ave. (1330 S.), SLC, 84104

Hours: M 10 am - 1 pm & 6 - 8 pm; W, Th 10 am - 1 pm; Sa 9 am - 12 noon

Phone: 801-972-5708 (Call in advance: appointment only)

Serves: 84101, 84104, 84106, 84111, 84115, and 84116 and below 150% of Federal Poverty Guidelines; case by case consideration.

*CROSSROADS URBAN CENTER *(Limit 6 times per year)*

347 South 400 East, SLC, 84111

Hours: M – F 9 am – 5 pm

Phone: 801-364-7765

Serves: Salt Lake County

*CROSSROADS WESTSIDE EMERGENCY FOOD PANTRY

(Limit 6 times per year)

1358 West Indiana Ave (850 S), SLC, 84104

Hours: M, Tu, Th 9 am – 5 pm

Phone: 801-935-4079

Serves: Salt Lake County

EBENEZER HELPING HAND FOOD PANTRY

820 South 300 East, SLC, 84111

Hours: Sa 10 - 11 am

Phone: 801-355-8826

Serves: Salt Lake County

GRANGER COMMUNITY CHRISTIAN CHURCH FOOD PANTRY

3232 West 4100 South, WVC, 84119

Hours: M 5 - 6:30 pm; Sa 10 am - 12 noon

Phone: 801-968-3301

Serves: 84118, 84119, 84120

*HILDEGARDE'S FOOD PANTRY *(Limit 2 visits per month)*

231 East 100 South, SLC, 84111

Hours: Tu, W, F, 11 am - 1:30 pm; Th 5 – 6:30 pm

Phone: 801-328-2303

Serves: Salt Lake County

HOPE UNLIMITED CHURCH PANTRY

4115 West Sams Boulevard (5295 South), Kearns 84118

Hours: F 1 - 6 pm

Phone: 801-907-0013

Serves: Those residing in zip codes 84118 & 84123

HOUSE OF PRAYER FOOD PANTRY

829 South 200 West SLC, 84101

Hours: Sa 12 noon – 1 pm

Phone: 801-953-9851

Serves: Salt Lake County

IGLESIA de JESUCRISTO FOOD PANTRY

5486 South 4220 West, Kearns, 84118

Hours: Must arrive M between 8 - 9 am to get a ticket and get in line for food distribution from 11 am - 1 PM

Phone: 801-651-3122

Serves: Salt Lake County

JESUS IS ALIVE FOOD PANTRY

835 East 4800 South, Murray 84107

Hours: Sa 4 - 6 pm

Phone: 801-834-3585

Serves: Those residing in zip code 84107

JEWISH FAMILY SERVICE – SALT LAKE

1111 East Brickyard Road (3200 S) Ste 218, Salt Lake City, 84106

Hours: M - F 10 am - 1 pm

Phone: 801-746-4334

Serves: Salt Lake County and surrounding areas

KEARNS 1ST BAPTIST CHURCH FOOD PANTRY

4445 West 5175 South, Kearns, 84118

Hours: Tu 6:30 - 7:45 pm; W & F 11 am - 2:45 pm (closed 12 noon - 1 pm); Th 1 - 2:45 pm

Phone: Not available but may contact via website

Serves: Salt Lake County

LDS CHURCH WELFARE SQUARE

743 West 700 South, SLC, 84104

Hours: M - F 8 am - 11:30 am; 1 - 3:30 pm

Phone: 801-240-7320 (call - Bishop's order required)

Serves: Salt Lake County

MAGNA FACT

9113 West Magna Main, Ste 101 Magna, 84044

Hours: M - Th 11 am - 4 pm

Phone: 801-250-4811

Serves: Salt Lake County

MOSAIC INTER-FAITH MINISTRIES

4392 South 900 East, SLC, 84124

Hours: M - Th 8:30 am - 3 pm (also by appointment)

Phone: 801-588-0139

Serves: Salt Lake County

MURRAY PARK CHURCH OF CHRIST FOOD PANTRY

494 East 5300 South, Murray, 84107

Hours: Th 9 am – 5 pm

Phone: 801-293-7000

Serves: Salt Lake County

NUEVA ESPERANZA PANTRY

7681 South 2200 West, West Jordan, 84084

Hours: W 4:30 – 6:30 pm

Phone: 801-381-8498

Serves: Salt Lake County

REDEEMED CHRISTIAN CHURCH OF GOD – HOUSE OF HIS GLORY PANTRY

213 West 4800 South, Murray, 84107

Hours: Sa 12 noon – 3 pm; Su 1 - 3 pm

Phone: 801-994-2308

Serves: 84106, 84107, 84109, 84117, 84118, 84119, 84121, 84123, 84129, 84157

FOOD PANTRIES (continued from p.1)

* Indicates pantries that usually have emergency baby supplies on hand.

RESCUE MISSION OF SALT LAKE

463 South 400 West, SLC, 84101
Hours: M – Sa 9 – 11 am & 2 – 4 pm; Su 2 – 4 pm
Phone: 801-355-1302
Serves: Davis and Salt Lake Counties

SALT LAKE CITY MISSION

1151 South Redwood Rd Ste 106, SLC, 84104
Hours: M - F 7 am - 4 pm; Su 9 am - 3 pm
Phone: 801-355-6310
Serves: Davis, Salt Lake, Weber, and Utah Counties

SOUTH VALLEY JESUS FEEDS FOOD PANTRY

(Limited to 6 times per year)
352 West 12300 South Ste 100, Draper, 84020
Hours: Tu - F 10 AM - 5 PM for setting appointments
Phone: 801-688-7251 (Appointment Only)
Serves: Bluffdale, Draper, Herriman, Sandy, South Jordan, Riverton

ST. ANDREW'S FOOD PANTRY

11835 South 3600 West, Riverton, 84065
Hours: Th 5 – 7 pm
Phone: 801-871-5080
Serves: Draper, Bluffdale, Herriman, Riverton, South Jordan, West Jordan

ST. JAMES EPISCOPAL CHURCH FOOD PANTRY

7486 Union Park Ave, Midvale, 84047
Hours: 2nd & 4th Su of each month from 1 - 3 pm
Phone: 801-566-1311
Serves: Draper, Cottonwood Heights, Holladay, Midvale, Murray, Salt Lake City, Sandy

ST. PAUL'S EPISCOPAL CHURCH

261 South 900 East, SLC, 84102
Hours: Sa 9 am - 1 pm (Arrive 30 mins prior to closing)
Phone: 801-322-5869
Serves: Salt Lake County

TAYLORSVILLE FOOD PANTRY

4775 South Plymouth View Drive (1625 W), Taylorsville, 84123
Hours: M 1 - 3 pm; W 4 - 6 pm; Sa 10 am - 12 noon
Phone: 801-815-0003
Serves: 84123, 84129

THE SALVATION ARMY

438 South 900 West, SLC, 84104
Hours: M 10 - 11 am & 1 - 4 pm; W 1 - 4 pm; F 10 - 11:30 am & 1 - 4 pm
(Arrive at least 15 minutes prior to closing).
Phone: 801-988-4204
Serves: Salt Lake County

UTAH COMMUNITY ACTION – COPPERVIEW FOOD AND RESOURCE CENTER

8446 South Harrison Street (300 W), Midvale, 84047
Hours: M - Th 8:30 am - 11 am & 1 - 3 pm
Phone: 801-255-3516
Serves: 84006, 84009, 84020, 84047, 84065, 84070, 84081, 84084, 84088, 84090, 84092, 84093, 84094, 84095, 84096, 84117, 84121, 84124

UTAH COMMUNITY ACTION – REDWOOD FOOD AND RESOURCE CENTER

3060 South Lester St (1595 W), WVC, 84119
Hours: Tu 1 - 3 pm; W - F 8:30 am - 11 am & 1 - 3 pm
Phone: 801-214-3147
Serves: 84106, 84107, 84109, 84115, 84118, 84119, 84120, 84123, 84129

PREPARED MEAL SITES

CATHOLIC COMMUNITY SERVICES OF UTAH - HOMELESS SERVICES

437 West 200 South, SLC, 84101
Hours: Lunch: M – F 11:30 am – 12:30 pm; Daily Dinner: 5 – 6 p;
Brunch: Sa 10 – 11 am
Phone: 801-363-7710

EAGLE RANCH MINISTRIES

500 South 600 West (outdoors), SLC, 84126
Hours: Su 7 – 11 am
Phone: 801-254-4945

GOOD SAMARITAN PROGRAM (Sack lunches)

347 East South Temple
Hours: Daily 9 am – 8 pm
Phone: 801-328-5633

RESCUE MISSION

463 South 400 West, SLC, 84101
Hours: Breakfast: M – Sa 6:15 – 6:45 am; Lunch: Daily 12 noon - 12:30 pm;
Dinner: Daily 8 pm
Phone: 801-355-1302

SALT LAKE CITY MISSION

1151 South Redwood Rd Ste 106, SLC, 84104
Hours: Breakfast M - F 8 - 9 am
Phone: 801-355-6310

VOLUNTEERS OF AMERICA YOUTH RESOURCE CENTER

Meals served to homeless or at-risk youth ages 15 to 22.
888 South 400 West, SLC, 84101
Hours: Daily - Breakfast: 8:30 – 9:30 am; Lunch: 1 - 2 pm; Dinner: 6 - 7 pm
Phone: 801-364-0744

SUMMER FOOD SERVICE PROGRAM

Meals to children 18 and under during summer vacation. For sites and other information, contact Utahns Against Hunger.
Phone: 801-328-2561
Website: www.uah.org

OTHER FOOD RESOURCES

COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP) – A Program of the Utah Food Bank

Works to improve the health of low-income elderly people of at least 60 years of age by supplementing their diets with nutritious USDA commodity foods.

Phone: 801-978-2452

Website: utahfoodbank.org

SNAP – Department of Workforce Services (DWS)

SNAP is designed to improve the nutrition of people with low income. Those who meet the eligibility requirements are entitled to receive benefits to cover part of their household food budget.

Phone: 866-435-7414

Website: jobs.utah.gov

UTAH CO-OP

Helps families eat healthier by saving them 25-80% off retail grocery prices. Open to the general public, and no membership is required.

291 East 4500 South, SLC, 84107

Hours: Th 11 am - 2 pm, F & Sa 11 am - 6 pm

Phone: 801-556-2223

Website: www.utahcoop.org

MOBILE PANTRIES – A Program of the Utah Food Bank

Provides fresh produce, dairy, and frozen items (based on availability), free of charge to families and individuals in need.

Phone: Dial 2-1-1

Website: www.utahfoodbank.org/programs/mobile-pantry

WIC (Women, Infants, and Children)

Provides vouchers for specific nutritious food supplements to pregnant, postpartum, and breastfeeding women, and to infants and children up to five years of age, who have been determined to be at nutritional risk due to inadequate nutrition and income.

Phone: 801-273-2991 or 1-877-WIC-KIDS (1-877-942-5437)

ADVOCACY

UTAHNS AGAINST HUNGER

Promotes access to nutritional programs statewide.

764 South 200 West

Phone: 801-328-2561

Website: www.uah.org

Last update: March 2019

Please visit 211utah.org for the most current resource lists.

United Way 2-1-1 is the place to call if you need help or want to give help.

Callers can be linked to resources available from health and human service programs throughout the state.