# Food Pantries

* Indicates pantries that usually have emergency baby supplies on hand.

Call ahead to check availability of supplies. Basic requirements are (unless otherwise noted):
- Picture ID for adults (18 and over)
- ID for children (Social Security card, medical record, birth certificate, etc.)
- Verification of address (utility bill, lease agreement, etc.)

## Central Compassion Center
1076 West Indiana Ave, SLC, 84104
Hours: Sa 11 am – 12 noon
Phone: 801-328-0768
Serves: Salt Lake County

## Concern Center of Salt Lake
1235 West California Ave. (1330 S.), SLC, 84104
Hours: M 10 am - 1 pm & 6 - 8 pm; W, Th 10 am - 1 pm; Sa 9 am - 12 noon
Phone: 801-972-5708 (Call in advance: appointment only)
Serves: 84101, 84104, 84106, 84111, 84115, and 84116 and below 150% of Federal Poverty Guidelines; case by case consideration.

## Crossroads Urban Center
347 South 400 East, SLC, 84111
Hours: M – F 9 am – 5 pm
Phone: 801-364-7765
Serves: Salt Lake County

## Crossroads Westside Emergency Food Pantry
1358 West Indiana Ave (850 S), SLC, 84104
Hours: M, Tu, Th 9 am – 5 pm
Phone: 801-935-4079
Serves: Salt Lake County

## Ebenezer Helping Hand Food Pantry
820 South 300 East, SLC, 84111
Hours: Sa 10 - 11 am
Phone: 801-355-8826
Serves: Salt Lake County

## Granger Community Christian Church Food Pantry
3232 West 4100 South, WVC, 84119
Hours: M 5 - 6:30 pm; Sa 10 am - 12 noon
Phone: 801-968-3301
Serves: 84118, 84119, 84120

## *Hildegard’s Food Pantry* (Limit 2 visits per month)
231 East 100 South, SLC, 84111
Hours: Tu, W, F, 11 am - 1:30 pm; Th 5 - 6:30 pm
Phone: 801-328-2303
Serves: Salt Lake County

## Hope Unlimited Church Pantry
4115 West Sam’s Boulevard (5295 South), Kearns 84118
Hours: F 1 - 6 pm
Phone: 801-907-0013
Serves: Those residing in zip codes 84118 & 84123

## House of Prayer Food Pantry
829 South 200 West SLC, 84101
Hours: Sa 12 noon – 1 pm
Phone: 801-953-9851
Serves: Salt Lake County

## Iglesia de Jesús Cristo Food Pantry
5486 South 4220 West, Kearns, 84118
Hours: Must arrive M between 8 - 9 am to get a ticket and get in line for food distribution from 11 am - 1 PM
Phone: 801-651-3122
Serves: Salt Lake County

## Jesus Is Alive Food Pantry
835 East 4800 South, Murray 84107
Hours: Sa 4 - 6 pm
Phone: 801-834-3585
Serves: Salt Lake County

## Jewish Family Service – Salt Lake
1111 East Brickyard Road (3200 S) Ste 218, Salt Lake City, 84106
Hours: M - F 10 am - 1 pm
Phone: 801-746-4334
Serves: Salt Lake County and surrounding areas

## Kearns 1st Baptist Church Food Pantry
4445 West 5175 South, Kearns, 84118
Hours: Tu 6:30 - 7:45 pm; W & F 11 am - 2:45 pm (closed 12 noon - 1 pm); Th 1 - 2:45 pm
Phone: Not available but may contact via website
Serves: Salt Lake County

## LDS Church Welfare Square
743 West 700 South, SLC, 84104
Hours: M - F 8 am - 11:30 am; 1 - 3:30 pm
Phone: 801-240-7320 (call - Bishop’s order required)
Serves: Salt Lake County

## Magna Fact
9113 West Magna Main, Ste 101 Magna, 84044
Hours: M - Th 11 am - 4 pm
Phone: 801-250-4811
Serves: Salt Lake County

## Mosaic Inter-Faith Ministries
4392 South 900 East, SLC, 84124
Hours: M - Th 8:30 am - 3 pm (also by appointment)
Phone: 801-588-0139
Serves: Salt Lake County

## Murray Park Church of Christ Food Pantry
494 East 5300 South, Murray, 84107
Hours: Th 9 am – 5 pm
Phone: 801-293-7000
Serves: Salt Lake County

## Nueva Esperanza Pantry
7681 South 2200 West, West Jordan, 84084
Hours: W 4:30 – 6:30 pm
Phone: 801-381-8498
Serves: Salt Lake County

## Redeemed Christian Church of God – House of His Glory Pantry
213 West 4800 South, Murray, 84107
Hours: Sa 12 noon – 3 pm, Su 1 - 3 pm
Phone: 801-904-2308
Serves: 84106, 84107, 84109, 84117, 84118, 84119, 84121, 84123, 84129, 84157
### FOOD PANTRIES (continued from p.1)

* Indicates pantries that usually have emergency baby supplies on hand.

**RESCUE MISSION OF SALT LAKE**
463 South 400 West, SLC, 84101
**Hours:** M – Sa 9 – 11 am & 2 – 4 pm; Su 2 – 4 pm
**Phone:** 801-355-1302
**Serves:** Davis and Salt Lake Counties

**SALT LAKE CITY MISSION**
1151 South Redwood Rd Ste 106, SLC, 84104
**Hours:** M - F 7 am - 4 pm; Su 9 am - 3 pm
**Phone:** 801-355-6310
**Serves:** Davis, Salt Lake, Weber, and Utah Counties

**SOUTH VALLEY JESUS FEEDS FOOD PANTRY**
(Limited to 6 times per year)
352 West 12300 South Ste 100, Draper, 84020
**Hours:** Tu - F 10 AM - 5 PM for setting appointments
**Phone:** 801-688-7251 (Appointment Only)
**Serves:** Bluffdale, Draper, Herriman, Sandy, South Jordan, Riverton

**ST. ANDREW’S FOOD PANTRY**
11835 South 3600 West, Riverton, 84065
**Hours:** Th 5 – 7 pm
**Phone:** 801-871-5080
**Serves:** Draper, Bluffdale, Herriman, Sandy, South Jordan, West Jordan

**ST. JAMES EPISCOPAL CHURCH FOOD PANTRY**
7486 Union Park Ave, Midvale, 84047
**Hours:** 2nd & 4th Su of each month from 1 - 3 pm
**Phone:** 801-322-5869
**Serves:** Salt Lake City, Sandy

**ST. PAUL’S EPISCOPAL CHURCH**
261 South 900 East, SLC, 84102
**Hours:** Sa 9 am - 1 pm (Arrive 30 mins prior to closing)
**Phone:** 801-322-5869
**Serves:** Salt Lake County

**TAYLORSVILLE FOOD PANTRY**
4775 South Plymouth View Drive (1625 W), Taylorsville, 84123
**Hours:** M 1 - 3 pm; W 4 - 6 pm; Sa 10 am - 12 noon
**Phone:** 801-815-0003
**Serves:** 84123, 84129

**THE SALVATION ARMY**
438 South 900 West, SLC, 84104
**Hours:** M 10 - 11 am & 1 - 4 pm; W 1 - 4 pm; F 10 - 11:30 am & 1 - 4 pm (Arrive at least 15 minutes prior to closing).
**Phone:** 801-988-4204
**Serves:** Salt Lake County

**UTAH COMMUNITY ACTION – COPPERVIEW FOOD AND RESOURCE CENTER**
8446 South Harrison Street (300 W), Midvale, 84047
**Hours:** M - Th 8:30 am - 11 am & 1 - 3 pm
**Phone:** 801-255-3516
**Serves:** 84006, 84009, 84020, 84047, 84065, 84070, 84081, 84084, 84088, 84090, 84092, 84093, 84094, 84095, 84096, 84117, 84121, 84124

**UTAH COMMUNITY ACTION – REDWOOD FOOD AND RESOURCE CENTER**
3060 South Lester St (1595 W), WVC, 84119
**Hours:** Tu 1 - 3 pm; W - F 8:30 am - 11 am & 1 - 3 pm
**Phone:** 801-214-3147
**Serves:** 84106, 84107, 84109, 84115, 84118, 84119, 84120, 84123, 84129

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### PREPARED MEAL SITES

**CATHOLIC COMMUNITY SERVICES OF UTAH - HOMELESS SERVICES**
437 West 200 South, SLC, 84101
**Hours:**
- Lunch: M – F 11:30 am – 12:30 pm; Daily Dinner: 5 – 6 p;
- Brunch: Sa 10 – 11 am
**Phone:** 801-363-7710

**EAGLE RANCH MINISTRIES**
500 South 600 West (outdoors), SLC, 84126
**Hours:** Su 7 – 11 am
**Phone:** 801-254-4945

**GOOD SAMARITAN PROGRAM (Sack lunches)**
347 East South Temple
**Hours:** Daily 9 am – 8 pm
**Phone:** 801-328-5633

**RESCUE MISSION**
463 South 400 West, SLC, 84101
**Hours:**
- Breakfast: M – Sa 6:15 – 6:45 am; Lunch: Daily 12 noon - 12:30 pm;
- Dinner: Daily 8 pm
**Phone:** 801-355-1302

**SALT LAKE CITY MISSION**
1151 South Redwood Rd Ste 106, SLC, 84104
**Hours:**
- Breakfast M - F 8 - 9 am
**Phone:** 801-355-6310

**VOLUNTEERS OF AMERICA YOUTH RESOURCE CENTER**
Meals served to homeless or at-risk youth ages 15 to 22.
888 South 400 West, SLC, 84101
**Hours:**
- Daily - Breakfast: 8:30 – 9:30 am; Lunch:1 - 2 pm; Dinner: 6 - 7 pm
**Phone:** 801-364-0744

**SUMMER FOOD SERVICE PROGRAM**
Meals to children 18 and under during summer vacation. For sites and other information, contact Utahns Against Hunger.
**Phone:** 801-328-2561
**Website:** www.uah.org
OTHER FOOD RESOURCES

COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP) – A Program of the Utah Food Bank
Works to improve the health of low-income elderly people of at least 60 years of age by supplementing their diets with nutritious USDA commodity foods.
Phone: 801-978-2452
Website: utahfoodbank.org

SNAP – Department of Workforce Services (DWS)
SNAP is designed to improve the nutrition of people with low income. Those who meet the eligibility requirements are entitled to receive benefits to cover part of their household food budget.
Phone: 866-435-7414
Website: jobs.utah.gov

UTAH CO-OP
Helps families eat healthier by saving them 25-80% off retail grocery prices. Open to the general public, and no membership is required.
291 East 4500 South, SLC, 84107
Hours: Th 11 am - 2 pm, F & Sa 11 am - 6 pm
Phone: 801-556-2223
Website: www.utahcoop.org

MOBILE PANTRIES – A Program of the Utah Food Bank
Provides fresh produce, dairy, and frozen items (based on availability), free of charge to families and individuals in need.
Phone: Dial 2-1-1
Website: www.utahfoodbank.org/programs/mobile-pantry

WIC (Women, Infants, and Children)
Provides vouchers for specific nutritious food supplements to pregnant, postpartum, and breastfeeding women, and to infants and children up to five years of age, who have been determined to be at nutritional risk due to inadequate nutrition and income.
Phone: 801-273-2991 or 1-877-WIC-KIDS (1-877-942-5437)

ADVOCACY

UTAHNS AGAINST HUNGER
Promotes access to nutritional programs statewide.
764 South 200 West
Phone: 801-328-2561
Website: www.uah.org

Last update: March 2019
Please visit 211utah.org for the most current resource lists.

United Way 2-1-1 is the place to call if you need help or want to give help.
Callers can be linked to resources available from health and human service programs throughout the state.